

VICTORY PARK | 2575 PALOMA ST. PASADENA CA 91107

## **DATES:**

FRIDAY, NOVEMBER 22
FRIDAY, DECEMBER 6
FRIDAY, DECEMBER 13
SATURDAY, DECEMBER 14
FRIDAY, DECEMBER 20
SATURDAY, DECEMBER 21
FRIDAY, JANUARY 3

## **1ST SESSION:**

4:30 PM - 6:00 PM 4:30 PM - 6:00 PM 4:30 PM - 6:00 PM 9:00 AM - 10:30 AM 4:30 PM - 6:00 PM 9:00 AM - 10:30 AM 4:30 PM - 6:00 PM

## 2ND SESSION:

6:15 PM - 7:45 PM 6:15 PM - 7:45 PM 6:15 PM - 7:45 PM 10:45 AM - 12:15 PM 6:15 PM - 7:45 PM 10:45 AM - 12:15 PM 6:15 PM - 7:45 PM

Ages: 3rd grade - 8th grade

Fee: \$70.00 for all sessions or \$10.00 per session

Pre-season basketball training is designed to offer skill development and conditioning for youth basketball players who are preparing for the Winter Basketball League or who want to improve their game. Boys and girls in 3rd-8th grade will have an opportunity to develop basketball fundamentals including: dribbling, shooting, passing, offensive and defensive principles. In addition each participant will compete in 1 on 1, 3 on 3, 5 on 5, free throw, and three point competitions. Each participant will have an opportunity to participate in seven training sessions. Registration will be held from Monday, November 18 through Friday, December 13, 2013.

For more information, contact the Citywide Recreation Office at (626) 744-7500 or register online at www.cityofpasadena.net/reserve.

